



Active und flexible

These two qualities define a positive attitude to life. Perhaps that is why we also associate them with a modern, health-conscious generation. And it is no surprise that these words served as our model when the success story of the actiflex shoe began 20 years ago.

Function and comfort come together in actiflex

In comfort shoes the most important criteria are that the footwear must be not only comfortable but also functional. The high degree of comfort of our feel-good shoes comes from the choice leather we use and the individual adjustment options. Naturally all of our shoes are suitable for the insertion of removable insoles. Their painstaking details make our actiflex comfort shoes varied and individual, as well as offering a combination of modern appearance and great comfort.

If your retailer does not have the shoes you want in stock, why not simply order them from us, secure in the knowledge that you can return them to us if you wish.

Our foot-friendly comfort shoes meet all requirements for healthy walking, as well as accommodating the natural movement of our feet.

Here's wishing you hours of healthy walking.

Best wishes

Arnd Schein

Contents

High-quality	
actiflex stretch materials	4
The outstanding properties	
of actiflex comfort shoes	5–7
Explanations of	
symbols and indications	8–9
Comfort shoes for ladies	10–33
Width K:	
Comfort shoes for ladies	34–41
Comfort shoes for men	42–45
Accessories	46



High-quality actiflex stretch **m**aterials

Our actiflex comfort shoes fit all shapes of feet perfectly. This is possibly thanks to an extremely flexible, breathable outer material comprising either multiple layers of textile or a multi-layer textile—leather combination. A complex manufacturing process makes the leather especially elastic and stretchable, allowing it to fully express the special capabilities so important for the actiflex shoe. Thanks to the leather's ability to return to its original shape, the shoe always retains a perfect fit.

Our actiflex comfort shoes are particularly suitable for people who have to wear insoles, patients with mild to moderate foot conditions such as bunions, hammer and claw toes as well as anyone who appreciates good shoes and sets great store by pressure-free wearing comfort. Fashionable designs, the greatest possible flexibility, the use of first-class materials and continuous quality controls are what make our actiflex comfort shoes stand out.



'The footpath is the best path to good **h**ealth'

What exactly is Lycra?

Lycra is an elastic synthetic fibre with excellent wearability, being very stretchable and therefore extremely comfortable.

Which is more stretchable? Stretchy leather lined with Lycra or Lycra on its own?

Lycra is significantly more stretchable. Leather is a natural product which is not at all stretchable in its basic form. The limited stretchability of stretchy leather is only achieved by subjecting the raw material to a special process.

This old German saying is more central than ever to our philosophy of life, and the right footwear is very much part of the picture here. The fashion- and health-conscious people of today expect more than ever in terms of wearability and design.

Quite simply, we want that feel-good factor.

Our feet have to carry us all day long, and to perform that task they need the right support. The actiflex comfort shoe, with its feather-light design and stretchable outer materials, offers exactly what we expect of a health-conscious shoe.



The outstanding properties of actiflex comfort **s**hoes



Stretchable outer material

The high-quality stretch material fashioned from a textile–leather combination adapts optimally to the shape of the foot.



Pressure-free

Anatomically-shaped lasts and partiallt sadded uppers ensure wearing comfort.



Breathable

The select high-quality leather we use, coupled with our stretch materials, offers a high degree of breathability which is retained even in humid and warm conditions. Combined with our painstaking manufacturing techniques, that makes our actiflex comfort shoes extremely breathable.



Removable footbed

Wearers of special insoles can easily replace the footbed. The risk of slippage is minimised by a heel arch specially adapted for use with insoles.



Shock-absorbing outsole

The materials used for the outsole protect the joints by absorbing shock, thus helping prevent foot soreness and easing the strain on your body.



Feather light

The combination of high-quality leather and a soft sole has been tried and tested over decades and ensures minimum weight coupled with maximum comfort.



High-quality leather lining

High-quality leather lining in the rear foot area confers a feeling of well-being. The material is skin friendly, so direct skin contact has no negative effects.



Flexible outsole

The flexible outsole ensures maximum freedom of movement when walking and provides support during every load phase.



Different widths ensure a perfect fit

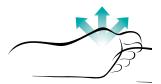
The shoe width, which is determined by the width of the forefoot, is important for a perfect fit. Only if the shoe fits perfectly will wearing comfort be enhanced, and a good fit is also vital for increasing the useful life of our actiflex shoes and encouraging a healthy gait.

That is why our collection features four different widths: G, H, J and K. G is the narrowest width and K the widest.

Each model is available only in the width stated in the catalogue. The stretchability of the outer material ensures that the shoe adapts optimally to the shape of your foot. This degree of stretch ensures that the shoes retain their outstanding wearing comfort even for feet at the limit of that width range.



Explanations of symbols and indications



What is a bunion and which shoes should I wear if I've got one?

Bunions afflict the base joint of the big toe. The condition is also known as hallux abductor valgus. In this foot condition the joint at the base of the big toe deviates outwards. Bunions often also involve widening of the foot in the ball region. Bunions may have a variety of causes, and in most cases several direct triggers interact.

Genetic predisposition can cause a tendency towards flaccid connective tissue. If this is exacerbated by wearing the wrong shoes, deformity of the big toe may result. Any factor which weakens connective tissue, for instance frequent standing, will also increase the likelihood of a bunion.

We have designed the shoe models marked with this symbol with the special needs of bunion patients in mind. The fully padded forefoot area significantly reduces pressure on the ball of the foot, and in addition this area is free from seams.



What are hammer and claw toes and which shoes should I wear if I suffer from them?

Hammer toe is a condition in which the proximal phalanx is overstretched, leading to pronounced, permanent bending of the proximal interphalangeal joint. The distal phalanx is often unaffected.

In claw toe there is pronounced bending of the medial and distal phalanges and maximum overstretching of the proximal phalanx which can lead to dislocation (luxation) of the proximal phalanx.

Like bunions, hammer and claw toe usually occur after the age of 50, often as a symptom accompanying flat feet. However, hammer and claw toes may also occur as a consequence of the inflammatory joint condition rheumatoid arthritis. To prevent pressure pain or chafing, these models come with stretchable outer material in the toe region, and we have dispensed with any seams against which the foot could rub.



What exactly is an 'all-rounder' and for which conditions should I wear these?

In models marked with this symbol the entire forefoot region is free from seams and made with stretchable material, thereby reducing pressure on the forefoot and significantly enhancing wearing comfort. These models may be worn by people suffering from bunions, as well as hammer or claw toes.



Sustainable environmentally friendly production

For years our business has been committed to sustainable, environmentally friendly production. This applies both to the production of the leather and the entire downstream manufacturing process, in furtherance of a safe, clean environment.



TÜV-certified

As a family company which takes its responsibilities seriously, it goes without saying that we produce to exemplary quality standards. To ensure this we subject our processes to independent external quality auditing which we voluntarily undergo every year. The quality management certificate awarded to us since 1997 by the testing body TÜV-Rheinland is testament to the efficiency of our enterprise. The certificate attests that our working processes are systematised, thereby guaranteeing the manufacture of high-quality products. We work exclusively with selected, similarly certified suppliers.



Comfort shoes for ladies



Item no. **086062** / width **H** / sizes **3 - 9**

Nappa white / stretch nappa white / hook and loop fasteners / calf leather lining / Lycra



Item no. **086003** / width **H** / sizes **3-9**

Nappa black / stretch nappa black / hook and loop fasteners / calf leather lining / Lycra



Item no. 089015 / width H / sizes 36-43

Nappa ice / stretch nappa ice / hook and loop fastener / calf leather lining / Lycra



Item no. 089016 / width H / sizes 36 - 43

Nappa bronze / stretch nubuck taupe / hook and loop fastener / calf leather lining / Lycra



Item no. **089014** / width **H** / sizes **36-43**

Nappa black / stretch nappa black / hook and loop fastener / calf leather lining / Lycra



Item no. **086147** / width **H** / sizes **3-9**

Nappa pearl / stretch nappa pearl / lacing / calf leather lining / Lycra



Item no. **086105** / width **H** / sizes **3 - 9**

Nappa black / stretch nappa black / lacing / calf leather lining / Lycra



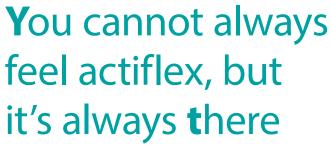
Nappa metallic taupe / stretch nubuck taupe / lacing / calf leather lining / Lycra



Nappa bronze / stretch nubuck taupe / hook and loop fastener / calf leather lining / Lycra

Nappa black / stretch nappa black / hook and loop fastener / calf leather lining / Lycra







Nappa metallic grey / stretch nappa embossed grey / hook and loop fastener / calf leather lining / Lycra



Nappa black / stretch nappa black / hook and loop fastener / calf leather lining / Lycra

Nappa beige / stretch nappa beige / hook and loop fastener / calf leather lining / Lycra



Freedom of movement to individually suit

your lifestyle





Item no. 086950 / width H / sizes 36-43

Nappa metallic taupe / stretch nubuck taupe / hook and loop fastener / calf leather lining / Lycra





Item no. 089043 / width G / sizes 3-9

Nappa pearl / stretch nappa pearl / hook and loop fastener / calf leather lining / Lycra



Item no. 089042 / width G / sizes 3-9

Nappa black / stretch nappa black / hook and loop fastener / calf leather lining / Lycra



Item no. 089903 / width G / sizes 3 - 9

Nappa dark blue / stretch nappa dark blue / calf leather lining / Lycra



Item no. 089905 / width G / sizes 3 - 9

Nappa black / stretch nappa black / calf leather lining / Lycra



Item no. 087600 / width G / sizes 3 - 9

Nappa black / stretch nappa black / calf leather lining / Lycra





Item no. **085554** / width **G** / sizes **3-9**

Nubuck taupe / stretch nappa taupe / calf leather lining / Lycra



Item no. **085502** / width **G** / sizes **3-9**

Nubuck black / stretch nappa black / calf leather lining / Lycra

Comfort in every step you **t**ake



Item no. 089040 / width H / sizes 3 - 9

Nappa ice / stretch nappa ice / hook and loop fastener / calf leather lining / Lycra



Item no. 089096 / width H / sizes 3 - 9

Nappa dark blue / stretch nappa dark blue / hook and loop fastener / calf leather lining / Lycra



Item no. 089095 / width H / sizes 3-9

Nubuck metallic taupe / stretch nappa taupe / hook and loop fastener / calf leather lining / Lycra



Brings relief precisely where it's **n**eeded



Item no. 089093 / width H / sizes 3 - 9

Nappa black / stretch nappa black / hook and loop fastener / calf leather lining / Lycra





Item no. **087001** / width **H** / sizes **3-9**

Nappa black / stretch nubuck black / hook and loop fasteners with roller loop / calf leather lining / Lycra

Item no. **087073** / width **H** / sizes **3 - 9**





Item no. **084440** / width **G** / sizes **3-9**

Nappa pearl / stretch nappa pearl / hook and loop fasteners / calf leather lining / Lycra



Item no. **084401** / width **G** / sizes **3-9**

Nappa black / stretch nappa black / hook and loop fasteners / calf leather lining / Lycra



Item no. **084080** / width **G** / sizes **3-9**

Nappa grey / stretch nappa grey / hook and loop fasteners with roller loop / calf leather lining / Lycra



Item no. 089994 / width H / sizes 3 - 9

Nappa ice / stretch nappa ice / hook and loop fastener / elastic band / calf leather lining / Lycra



Item no. 087203 / width H / sizes 3 - 9

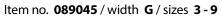
Nappa black / stretch nappa black / hook and loop fastener / elastic band / calf leather lining / Lycra



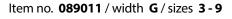
Item no. 087271 / width H / sizes 3-9

Nappa brown used / stretch nubuck brown / hook and loop fastener / elastic band / calf leather lining / Lycra





Nappa dark brown / stretch nappa dark brown / hook and loop fastener / calf leather lining / Lycra



Nappa dark brown / stretch nappa dark brown / hook and loop fastener / calf leather lining / Lycra



Item no. **089033** / width **G** / sizes **3-9**

Nappa black / stretch nappa black / hook and loop fastener / calf leather lining / Lycra

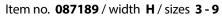


Item no. **089044** / width **G** / sizes **3-9**

Nappa black / stretch nappa black / hook and loop fastener / calf leather lining / Lycra







Nappa metallic taupe / stretch nubuck taupe / lacing / calf leather lining / Lycra



Item no. **087165** / width **H** / sizes **3-9**

Nappa pearl / stretch nappa pearl / lacing / calf leather lining / Lycra



Nubuck brown / stretch nubuck brown / lacing / calf leather lining / Lycra

Nappa black / stretch nubuck black / lacing / calf leather lining / Lycra



Item no. **082240** / width **J** / sizes **3-9**

Nappa pearl / Lycra pearl / hook and loop fastener / calf leather lining



Item no. **082400** / width **J** / sizes **3-9**

Nubuck black / Lycra black / hook and loop fastener / calf leather lining



Item no. **082430** / width **J** / sizes **3-9**

Nubuck taupe / Lycra taupe / hook and loop fastener / calf leather lining



Stability when walking or **s**tanding



Item no. 089983 / width G / sizes 3-9

Nappa beige / stretch nubuck beige / hook and loop fasteners / calf leather lining / Lycra



Item no. 082100 / width H / sizes 3-9

Nubuck black / stretch nubuck black / hook and loop fastener with roller loop / calf leather lining / Lycra



Item no. 084801 / width G / sizes 3-9

Nubuck black / Lycra black / hook and loop fastener / calf leather lining



Item no. 083131 / width H / sizes 2 1/2 - 9

Nubuck taupe / Lycra taupe / hook and loop fastener / calf leather lining



Item no. 084831 / width G / sizes 3 - 9

Nubuck taupe / Lycra taupe / hook and loop fastener / calf leather lining



Item no. 083141 / width H / sizes 2 1/2 - 9

Nubuck brown / Lycra brown / hook and loop fastener / calf leather lining



Just the individua support the foot needs

Nubuck black / Lycra black / hook and loop fastener / calf leather lining





Item no. **080071** / width **H** / sizes **2** ½ - **9**

Nubuck taupe / Lycra taupe / hook and loop fastener with roller loop / calf leather lining



Item no. 080011 / width H / sizes 2 1/2 - 9

Nappa black / Lycra black / hook and loop fastener with roller loop / calf leather lining





Item no. 080021 / width H / sizes 2 1/2 - 9

Nappa black / Lycra black / lacing / calf leather lining



Item no. **083295** / width **H** / sizes **3 - 9**

Nappa brown used / stretch nubuck brown used / fold-over upper with textile lining / lacing / calf leather lining / Lycra





Nappa black / stretch nubuck black / fold-over upper with lambskin / lacing / calf leather lining / Lycra

Item no. 083212 / width H / sizes 3-9

Nubuck brown / stretch nappa brown / fold-over upper with lambskin / lacing / calf leather lining / Lycra

Width K: Comfort shoes for ladies

Thanks to the generous overall volume of this shoe type we are able to insert a thicker cushioned insole without constricting the foot.

The counter ensures that patients have a good grip even with this greater width and holds the foot at every step.

The higher heel arch reduces heel slippage even with the thicker insoles.

The wide contact surface provides stability when walking or standing.



Item no. 089063 / width K / sizes 3 - 9

Nappa black / stretch nappa black / hook and loop fasteners / calf leather lining





Item no. 089075 / width K / sizes 3 - 9

Nappa black / stretch nappa black / hook and loop fastener / calf leather lining / Lycra



Item no. 081543 / width K / sizes 3 - 9

Nappa pearl / stretch nappa pearl / hook and loop fastener / calf leather lining / Lycra



Item no. **081552** / width **K** / sizes **3-9**

Nappa metallic grey / stretch nubuck grey / hook and loop fastener / calf leather lining / Lycra



Item no. 089961 / width K / sizes 3 - 9

Nappa dark brown / stretch nappa dark brown / hook and loop fastener / calf leather lining / Lycra



Item no. **081500** / width **K** / sizes **3-9**

Nappa black / stretch nappa black / hook and loop fastener / calf leather lining / Lycra



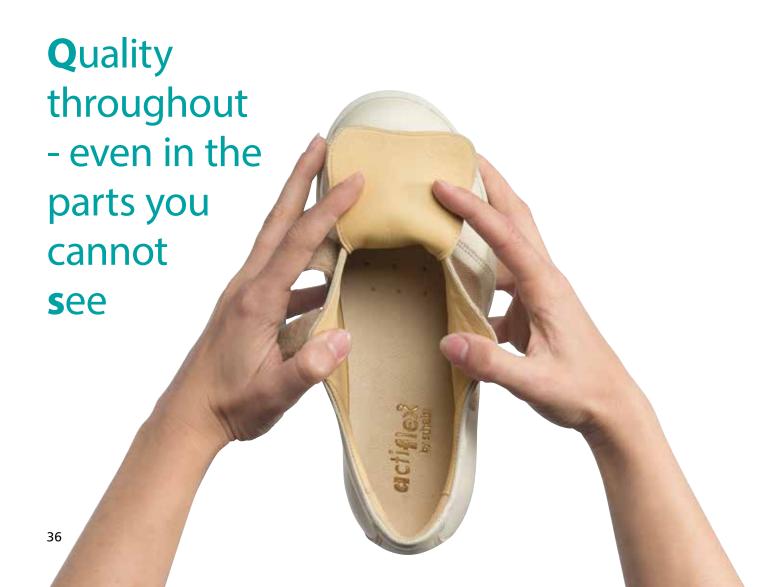


Nappa pearl / stretch nappa pearl / hook and loop fasteners with roller loop / calf leather lining / Lycra



Item no. **089029** / width **K** / sizes **3-9**

Nappa black / stretch nappa black / hook and loop fasteners with roller loop / calf leather lining / Lycra





Item no. **081942** / width **K** / sizes **3 - 9**

Nappa pearl / stretch nappa pearl / hook and loop fasteners / calf leather lining / Lycra



Item no. **081903** / width **K** / sizes **3 - 9**

Nappa black / stretch nappa black / hook and loop fasteners / calf leather lining / Lycra



Item no. **081950** / width **K** / sizes **3-9**

Nappa metallic taupe / stretch nubuck taupe / hook and loop fasteners / calf leather lining / Lycra



Item no. 089918 / width K / sizes 3-9

Nubuck taupe / stretch nappa taupe / hook and loop fasteners / calf leather lining / Lycra



Item no. **089919** / width **K** / sizes **3-9**

Nappa dark brown / stretch nappa dark brown / hook and loop fasteners / calf leather lining / Lycra



Item no. **081684** / width **K** / sizes **3-9**

Nappa grey / stretch nubuck grey / hook and loop fasteners / calf leather lining / Lycra



Item no. 081600 / width K / sizes 3 - 9

Nappa black / stretch nappa black / hook and loop fasteners / calf leather lining / Lycra





The foot determines the shape

Item no. **081408** / width **K** / sizes **3 - 9**

Nappa black / stretch nappa black / lacing / calf leather lining / Lycra





Nappa dark brown / stretch nappa dark brown / lacing / calf leather lining / Lycra

Nappa black / stretch nappa black / lacing / calf leather lining / Lycra



Comfort shoes for **m**en



Item no. **088415** / width **H** / sizes **6 - 12**

Nubuck dark brown / stretch nubuck dark brown / lacing / calf leather lining / Lycra



Nappa black / stretch nappa black / hook and loop fasteners with roller loop / calf leather lining / Lycra

Nappa black / stretch nappa black / lacing / calf leather lining / Lycra



Item no. 088710 / width H / sizes 6 - 12

Nappa brown / stretch nappa brown / hook and loop fasteners with roller loop / calf leather lining / Lycra



Item no. **088003** / width **H** / sizes **6 - 12**

Nappa black / stretch nappa black / hook and loop fasteners with roller loop / calf leather lining / Lycra



Nappa black / Lycra black / hook and loop fasteners with roller loop / calf leather lining







Item no. **088008** / width **H** / sizes **6 - 12**

Nappa black / stretch nappa black / lacing / calf leather lining / Lycra

Accessories



Item no. 230576-007 / red Item no. 230576-008 / black Item no. 230576-108 / blue

Plastic shoehorn with hole and hook, 650 mm



Item no. 230001-000 / box of 150

de Luxe disposable stockings with elastic band and seam



Item no. 230575-010 / 700 mm, with hook Item no. 230575-000 / 500 mm, with hook Item no. 230575-002 / 420 mm, with hook Item no. Q86441-016 / 150 mm, with hook Item no. 230575-015 / 150 mm, no hook

Nickel-plated metal shoehorn with hole



Item no. 239477-0 / black Item no. 239477-1 / white Item no. 239477-2 / dark brown Item no. 239477-3 / beige

Laces, elastic, 45 / 60 / 75 / 90 cm

Shoe care



Item no. 011680-400 / 400 ml

Impregnation spray



Item no. 011683-125 / 125 ml

Shoe shampoo set







04.0856.05.05.14

Specialist retailers



Schein Orthopädie Service KG Hildegardstr. 5 42897 Remscheid Germany Tel.: and49 2191 910-201 Fax: and49 2191 910-102

info@actiflex.de www.actiflex.de



www.actiflex.de