Foot supports for activating the reflex zones
**Foot supports for activating the reflex zones**

**ISG - The name is programme**

This support is named after the positive effect various orthopaedists have achieved using it on patients suffering from sacroiliac joint trouble and backache in the lumbar region. The present product is the outcome of several years of development and trial.

Studies of the reflex zones of the foot and the preferred location of points of pain in the lumbar region were decisive in the shaping of this support.
**Fields of application**
The pressure elements in the heel region are specifically arranged to activate reflex zones on the sole of the foot that stimulate the lower spinal column region as well as hip and knee joints. This action releases neural impulses to the spinal cord and brain that can help alleviate back and hip trouble.

Pain in the lumbar spinal column and sacrum region causes muscular tension in the abdominal, back and gluteal muscles. The walking pattern is affected and the burden on ankles and knee joints gets out of balance.

The front pressure elements are located and designed for a slight correction of the posture of the leg and its alignment into the neutral area so that the sacroiliac joints are relieved and the stepping force is unrolled over the big toe again. Thus, the impact of muscular force is restored to normal anatomic conditions and the painful symptoms in the region of the pelvis and the lower lumbar spinal column are appeased.

**Comfortable wearing**
The specific cushioning effect of the pressure elements ensures outstanding shock absorption, which is good for the entire locomotor system up to the cervical spinal column. There should be sufficient volume inside the shoe. Remove any existing footbed.

Even patients suffering from inflammatory processes or symptoms of wear in their leg joints or having problems with calcaneus's spur will find ISG supports beneficial. If necessary the shape of the substructure of the supports can be modified to allow for unusual foot shapes.

The Alcantara® cover is skin-friendly for pleasurable foot feeling. To clean the supports use lukewarm water.
Novaped® S90-IG foot supports are available in 2 widths

<table>
<thead>
<tr>
<th>Code Nr.</th>
<th>Design</th>
<th>Colour</th>
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</thead>
<tbody>
<tr>
<td>955700-000</td>
<td>full length, slim</td>
<td>light-blue</td>
</tr>
<tr>
<td>955701-000</td>
<td>full length, wide</td>
<td>taupe</td>
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Sizes available: 35 - 46/48